





PATIENT INFORMATION SHEET		CORN AND VERRUCA EXCISION	
A verruca overlying the inside of the big toe joint		A verruca underlying the 4 <sup>th</sup> Metatarsal head	
			
A corn overlying the Joint in a hammer toe		Corns on the balls for both feet.	
			
<b>WHAT IS A CORN?</b>	A Corn is skin lesion made up of a concentrated area of hard skin. It typically occurs in an area of sustained increased pressure. For example on the joint of a hammer toe or on the ball for the foot.		
<b>WHAT IS A VERRUCA?</b>	A Verruca is a skin lesion caused by a viral infection similar to the warts which can occur on hands. They can randomly at any site but may be particularly painful in an area of increased pressure.		
<b>AIMS OF SURGERY</b>	To permanently eliminate the skin lesion. In the case of corns additional surgery may be required to correct deformity a causative deformity (see Bunion, Lesser metatarsal & Toe surgery information sheets).		
<b>ANAESTHETIC</b>	Regional anesthesia. Local anaesthetic at the knee or ankle to make the limb numb. This means you can go home the same day.		

<b>OVERVIEW</b>			
<b>Operation time</b>	5-10 minutes		
<b>Incision placement</b>	Around the skin lesion with a clear margin.		
<b>Stitches</b>	Either no sutures or absorbable sutures		
<b>When do I go home?</b>	You are able to go home the same day.		
<b>Time off work</b>	Varies according to the nature of your work and the surgery required but usually less than 4 weeks.		
<b>INDICATIONS FOR SURGERY</b>	Pain and limitation of daily activities. Failure of non-surgical management.		
<b>ALTERNATIVE TREATMENTS</b>	You can manage your symptoms with toe covers and splints or by using broader and deeper footwear.		
<b>GENERAL RISKS OF SURGERY</b>	<ul style="list-style-type: none"> <li>• Infection (minor + serious)</li> <li>• Scar problems</li> <li>• Postoperative pain</li> <li>• Loss of sensation</li> <li>• Postoperative swelling</li> <li>• Failure of the operation</li> </ul>	<ul style="list-style-type: none"> <li>• Medication side-effects</li> <li>• Blood clots</li> <li>• Anaesthetic problems</li> <li>• Heart attack / angina</li> <li>• Chronic pain / swelling</li> </ul>	<b>YOU SHOULD READ THIS LEAFLET IN CONJUNCTION WITH THE PREOPERATIVE INFORMATION BOOKLET</b>
<b>SPECIFIC RISKS RELATED TO THIS OPERATION</b>	<input type="checkbox"/> Recurrence of deformity <input type="checkbox"/> Scar problems		
<b>MORE INFO BY:</b>	Fitter Feet For Life 34 North Street Clapham London SW4 0HD Tel 020 7627 4901 www. Fitterfeet.com		